## Conversation Cafe: Bereavement Support Group

Trained facilitators will lead a six (6) consecutive week session.

The purpose of the group will be to provide:

A place to meet others who have had a similar experience

A safe, small, supportive community
Information about loss and grief
Opportunities to learn new ways of approaching
their lives once again

A place to encounter new growth and balance

To learn more and to register contact:

Jan Temple-Jones jtemplejones@greybrucehospice.com By August 16, 2021

Group session: Tuesday evenings (6:30 to 8:00), August 31, September 7, 14, 21, 28 & October 5 (Please note: registration is limited)

